ID number: Place label here
Visit number:
Date:/ Time:: a.m. / p.m. (circle one)
Interviewer name:
Location:
General information (first questionnaire only)
A. How did you find out about this study? (check all that apply)
Personal contact with study staff
Friend
Fishing event or similar venue
□ Newspaper article
Our study webpage
Other website:
Other:
B. Gender:
male
female
C. Date of birth:/
D. How would you describe your race or ethnicity?
American Indian
African American
Asian or Pacific Islander
Hispanic or Latino
☐ White/Caucasian
Other:

General questions

1.	What is your home zip code?
2.	How tall are you? feet inches
3.	How much do you weigh? pounds
4.	For women, are you pregnant?
	☐ yes
	□ no
	don't know
5.	What is the last grade or year that you completed in school?
	Less than high school
	Graduated high school
	☐ Some college
	☐ Graduated college
	☐ Post-graduate
	Other:

6. Are you still in school? ☐ yes ☐ no

ish	ishing habits						
7.	Have you gone fishing in or around Grand Lake in the last 3 months?						
	☐ yes						
	no If NO, skip to Question 12						
8.	How many times did you go fishing in the last 3 months? Times:						
9.	Where did you go fishing? Refer to the areas on the map. (Check all that apply)						
	For Elk River, Honey Creek and Horse Creek: Indicate whether you fished in the river/creek (upstream) portion and/or the lake (downstream) portion.						
	Upper Grand Lake (UL)						
	☐ Mid Grand Lake (ML)						
	☐ Lower Grand Lake (LL)						
	☐ Dam Area (DA)						
	☐ Spring River (SR)						
	☐ Neosho River (NR)						
	☐ Elk River (ER) River/creek portion? ☐ yes ☐ no ☐ don't know Lake portion? ☐ yes ☐ no ☐ don't know						
	 ☐ Honey Creek (HNC) River/creek portion? ☐ yes ☐ no ☐ don't know Lake portion? ☐ yes ☐ no ☐ don't know						
	 ☐ Horse Creek (HSC) River/creek portion? ☐ yes ☐ no ☐ don't know Lake portion? ☐ yes ☐ no ☐ don't know 						
	Other locations:						
	·						

fish

Fish consumption patterns

fish

meal.

14. <u>In general, over the past 3 months</u> , which of these best describes how often you ate fish or shellfish (caught locally or from a store, restaurant, fish fry, etc.)?
Once a day or more
4 to 6 times a week
2 to 3 times a week
Once a week
2 or 3 times a month
Once a month
Once in last 3 months
□ Never in last 3 months
15. In general, over the past 3 months, how much of the fish and shellfish that you ate was caught locally (either by you or by someone else)? Draw an "X" on this ruler to show the percent (%) that was locally caught, with 0% (left side) corresponding to no local fish, and 100% (right side) corresponding to all local fish.
0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
no local local

16. In the spaces provided, write in the number of fish portions of each size that you eat at a typical

____ (a) 2 ounces ____ (b) 4 ounces ____ (c) 6 ounces ____ (d) 8 ounces

Refer to the fish portion model to see examples of these sample sizes.

17. The directions below will help you fill out the tables on Pages 6 to 9. Before you fill out the table, read the instructions below, THEN LOOK OVER ALL OF THE TABLES TO SEE HOW THEY ARE ORGANIZED, then reread the instructions again before filling out your answers.

On Pages 6 through 9, we want to know about your <u>typical eating habits over the past 3 months</u>. In this question, we will be asking about types of fish that are commonly caught in the Grand Lake watershed.

We mostly want to know about the types of fish that you've eaten, but will also ask you about several types of shellfish and other freshwater animals. For simplicity, we will just refer to all of these as "fish."

Use these directions to help you fill out the table.

- (a). For each type of fish, pick the category that best represents how frequently you ate that type of fish, on average, over the past 3 months.
- (b). For fish that were caught in and around Grand Lake, indicate all the locations where they were caught. Consult the map provided.

For each type of fish, use the space provided to write down the percent of fish that came from a restaurant, store, fish fry or other venue. If you didn't get that type of fish at any of these types of locations, leave the space blank.

If you ate fish but didn't know what kind it was, include that in the "unknown" category on page 9

- (c). For each type of fish, indicate all the ways that it was prepared.
- (d). For each type of fish, indicate which parts you ate.

Refer to the laminated guide with pictures of each type of fish.

If you ate any types of fish caught from the Grand Lake watershed that are not listed in the chart on Pages 6 through 9, you can add them on page 9. We have extra blank pages if you need more space.

		Largemouth bass	Smallmouth bass	White bass	Spotted bass	Striped bass	Crappie
(a). How	often did you e	at this type o	f fish over th	e past 3 m	nonths?		
Once a da	y or more						
4 to 6 time	s/week						
2 or 3 time	es/week						
Once a we	eek						
2 or 3 time	es/month						
Once a mo	onth						
Once in la	st 3 mo.						
Never in la	ast 3 mo.						
(b). Wher	e did this fish o	come from? (check all tha	t apply)			
Grand Lak	e – Upper (UL)						
	e – Mid (ML)						
Grand Lak	e – Lower (LL)						
Dam Area	(DA)						
Spring Riv	er (SR)						
Neosho Ri	iver (NR)						
Elk River (ER)						
Honey Cre	,						
Horse Cre	· '						
Other							
locations							
(specify what	t, store or fish fry t percent came from store, fish fry or if any)	%	%	%	%	%	%
(c). How	were these fish	prepared? (check all tha	t apply)			
Fried							
Grilled / O	n a spit						
Broiled	•						
Steamed							
Boiled who	ole						
Soup / Ste							
Pressure (
Uncooked							
Other —							
	h mauta af tha f		a10 /ala = -1		(- c)		
	h parts of the fi	sn ala you e	at? (cneck a	ııı tnat app	iy)		
Whole fish							
Fillet							
Eggs							
Head, che	eks						
Other —							

Other

Drum Perch Carp Sucker Gar **Spoonbill** (a). How often did you eat this type of fish over the past 3 months? Once a day or more 4 to 6 times/week 2 or 3 times/week Once a week 2 or 3 times/month Once a month Once in last 3 mo. Never in last 3 mo. (b). Where did this fish come from? (check all that apply) Grand Lake – Upper (UL) Grand Lake - Mid (ML) Grand Lake - Lower (LL) Dam Area (DA) Spring River (SR) Neosho River (NR) Elk River (ER) Honey Creek (HNC) Horse Creek (HSC) Other locations Restaurant, store or fish fry (specify what percent came from % % % % % % a restaurant, store, fish fry or other event, if any) (c). How were these fish prepared? (check all that apply) Fried Grilled / On a spit Broiled Steamed Boiled whole Soup / Stew Pressure Cooker Uncooked Other (d). Which parts of the fish did you eat? (check all that apply) Whole fish Fillet Eggs Head, cheeks

Grand Lake Food Frequency Questionnaire Page 9

	Buffalo	Flathead Catfish	Channel Catfish	Blue Catfish	Trout	Crawdads
(a). How often did you e	at this type	of fish over	r the past 3	months?		
Once a day or more						
4 to 6 times/week						
2 or 3 times/week						
Once a week						
2 or 3 times/month						
Once a month						
Once in last 3 mo.						
Never in last 3 mo.						
(b). Where did this fish	come from?	(check all	that apply)			
Grand Lake – Upper (UL)						
Grand Lake – Mid (ML)						
Grand Lake – Lower (LL)						
Dam Area (DA)						
Spring River (SR)						
Neosho River (NR)						
Elk River (ER)						
Honey Creek (HNC)						
Horse Creek (HSC)						
Other						
locations						
Restaurant, store or fish fry (specify what percent came from a restaurant, store, fish fry or other event, if any)	%	%	%	%	%	%
(c). How were these fish	n prepared?	(check all t	hat apply)			
Fried						
Grilled / On a spit						
Broiled						
Steamed						
Boiled whole						
Soup / Stew						
Pressure Cooker						
Uncooked						
Other						
(d). Which parts of the f	ısh did you	eat? (chec	K all that ap	oply)		
Whole fish	<u> </u>					
Fillet						
Eggs						
Head, cheeks						
Other)ther					

Grand Lake Food Frequency Questionnaire Page 10 Turtles OTHER (write in) UN-Mussels Frogs Soft shell. KNOWN snapping (a). How often did you eat this type of fish over the past 3 months? Once a day or more 4 to 6 times/week 2 or 3 times/week Once a week 2 or 3 times/month Once a month Once in last 3 mo. Never in last 3 mo. (b). Where did this fish come from? (check all that apply) Grand Lake - Upper (UL) Grand Lake - Mid (ML) Grand Lake - Lower (LL) Dam Area (DA) Spring River (SR) Neosho River (NR) Elk River (ER) Honey Creek (HNC) Horse Creek (HSC) Other locations Restaurant, store or fish fry (specify what percent came from % % % % % % a restaurant, store, fish fry or other event, if any) (c). How were these fish prepared? (check all that apply) Fried Grilled / On a spit Broiled Steamed Boiled whole Soup / Stew Pressure Cooker

Uncooked Other (d). Which parts of the fish did you eat? (check all that apply) Whole fish Fillet Eggs Head, cheeks Other

18. In this question, we are asking you about fish that are **NOT** commonly caught in the Grand Lake watershed. <u>In general, over the last 3 months</u>, how frequently have you eaten the following types of fish? For any types of fish not listed, add them in the empty spaces at the bottom.

Don't double-count fish. For example, if you ate sushi with tuna, include that in the tuna category only. If you ate sushi but don't know the type of fish, include that in the sushi category.

	Albacore tuna	Light tuna	Fresh/ frozen tuna	Swordfish	Fish sticks or nuggets	Salmon (canned or fresh)
How often did you	eat this type	e of fish ove	er the past 3	3 months?		
Once a day or more						
4 to 6 times/week						
2 or 3 times/week						
Once a week						
2 or 3 times/month						
Once a month						
Once in last 3 mo.						
Never in last 3 mo.						

	Sushi with fish	King mackerel	Mackerel (other)	Shrimp	Tilapia	Sardines	
How often did you	How often did you eat this type of fish over the past 3 months?						
Once a day or more							
4 to 6 times/week							
2 or 3 times/week							
Once a week							
2 or 3 times/month							
Once a month							
Once in last 3 mo.							
Never in last 3 mo.							

		OTHER (write in)			
How often did you	eat this typ	e of fish ov	er the past	3 months?	
Once a day or more					
4 to 6 times/week					
2 or 3 times/week					
Once a week					
2 or 3 times/month					
Once a month					
Once in last 3 mo.					
Never in last 3 mo.					

Continued: (Space for additional information about preparation methods or parts of fish consumed)
Open-ended questions
Open-ended questions
19. What concerns do you have, if any, about eating locally-caught fish?
20. Do you avoid eating fish from certain locations? If so, why?

21. Have you changed your fish consumption over the past year based on your involvement in this study?
□ yes
□ no
If yes, please explain.
☐ I eat fish more frequently
☐ I eat fish less frequently
☐ I've made other changes (please explain):
22. Are you aware of any fish consumption advisories for the state of Oklahoma?
□ yes
□ no
If yes, please answer the questions below:
(a) Do you follow them?
(b) Do you find them useful?